



EYESTONE ELEMENTARY SCHOOL

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Educational Excellence in a Kind, Loving Environment

September 16, 2010

Dear Eyestone Parents,

Fall is in the air (at least in the evenings and early mornings!), and officially on the calendar starting next week! As we head into the last half of September, here's some current and seasonal info for your perusal.

Walkathon

As you are aware, we are solidly into our fall Walkathon PTO fundraiser! All money raised goes directly to funding student activities at Eyestone, including field trips, assemblies, and special school and classroom program needs. We have our Family Walking Night coming up tomorrow (Friday, September 17) from 3:00 – 5:30 PM, where students can add to their mileage count while accompanied by supportive family members. This will be followed by a Barbeque beginning at 5:30 PM. Come join the fun and burn some calories – all at the same time!

SITE Committee

Applications for vacant seats on the SITE (School Improvement Team at Eyestone) have been submitted and approved, and our two newest members representing the parent community will be Shaylen Torres and Kayde Foster. Welcome Shay and Kayde! We still have a need for one more parent representative. Meetings are typically held at Eyestone on the second Thursday of each month from 3:00 – 4:15 PM. If you are interested and/or would like more information, please call the school at 488-8604.

Flu season and Public Health

Flu season is coming! Here are some effective prevention strategies from the district:

- Encourage your children to **practice healthy eating, sleeping and exercising habits**.
- **Teach children to wash their hands** often with soap and water or an alcohol-based hand rub.
- **Teach children to cover coughs/sneezes and not share personal items** like drinks, food or unwashed utensils, and to cover their coughs and sneezes with tissues.
- **Clean surfaces and objects that your child touches frequently**
- **Know the signs and symptoms of the flu.** Symptoms of the flu include fever (100 degrees Fahrenheit, 37.8 degrees Celsius or greater), cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired. Some people may also vomit or have diarrhea.

- **Do not send children to school if they are sick.** Children who are sick while at school *will be sent home*.
- **Keep sick children at home** for at least 24 hours *after* they no longer have fever or do not have signs of fever, without using fever-reducing drugs.
- **Get your family vaccinated** for seasonal flu.!

Please note that, whether it's in regard to the flu or other illnesses, district and school policies speak about not sending children to school when they are sick. Although we all place a premium on good attendance and maximizing the hours available for learning, and although it can certainly be an inconvenience to make arrangements at home to accommodate a sick child, this is ultimately a public health issue. Please remember that, although germs are a fact of life and do not commonly cause serious, long-term problems, some students and adults in the building are more susceptible to illness and its associated risks. It's a good idea, at the start of each school year, to sit down as a family and work out some contingency plans for what will happen when your child becomes sick and should not be sent into school for one or more days. Thank you in advance for your help in this area!

Pickup/Drop-off Tip of the Month

Our pickup/drop-off zone is at the north end of the horseshoe, beginning at the flagpole and extending west to the end of the sidewalk curve near the fire hydrant. Please remember to pull as far forward as possible/available when you enter this zone. This allows for the maximum number of cars to come into the zone, unload (or load), and go. Please avoid dropping students off along the sidewalk before reaching the flagpole, as we do not have direct supervision outside the defined zone. (Students are not allowed to board vehicles outside of the zone unless accompanied by an adult for the same reason, so please do not direct or encourage them to do so.) Thanks for all your support for student safety!

Reminder

There is no school for students on Monday, September 20. This is the first of four scheduled PSD Collaboration Days for the school year. The others will be on November 29, February 21, and April 18 (all Mondays).

Have a great weekend!



David Sobson
Eyestone Principal

