

# Werner Wildcats Newsletter



## from your PTA ...

This year's Fall Fun Festival will take place on September 11th and is taking on a new feel with the main focus being community and sharing time together. There will be lots of opportunity to talk and play. We will kick off the event with a walk/run parade around Fossil Creek Park at 4:30pm. We encourage families to participate together. You can push, pull or drag strollers, wagons and such. We just ask that there be no bikes, scooters, skates or boards so that we can keep everyone safe. Have your kids wear their Werner shirts, decorate your wagons and strollers with Werner blue and white and join the fun!

Immediately following the community parade, the Fall Fun Festival will begin at 5:00pm. There will be food from Jackson's Grill and Harmony Grill, so spread out a picnic blanket and visit with friends, old and new! There will be field games and inflatables for everyone to enjoy. The cake walk has been modified to a cupcake walk to spread the sweetness around with more chances to win a tasty prize. Kids may have their faces painted or play a trivia game with Mr. Camp to win a prize. We will have entertainment from a neighborhood band, beginning at 6:00pm.

The Fall Fun Festival is a fund raiser for Werner. All profits will go towards enrichment programs at our school. Check your child's backpack for an envelope with all the order information, including meal tickets and event tickets.

Volunteers are needed and we hope to share the work so that everyone can enjoy their families. Please sign up during Volunteer Sign-up, August 25th - 27th or contact Cathy Lee at [cathyglee@comcast.net](mailto:cathyglee@comcast.net) (223-0062) or Kyra Geraghty at [kyraandmike@aol.com](mailto:kyraandmike@aol.com) (377-0531).

- F** food provided by Jackson's Grill and Harmony Grill
- A** a walk/run family parade around Fossil Creek at 4:30pm
- L** live music from a neighborhood band, Off Call
- L** lay out a blanket to picnic
- F** field games
- U** umbrellas not required, if it rains, we'll move inside
- N** new cupcake walk with more winners
- F** field games
- E** energetic kids playing together
- S** Sep. 11<sup>th</sup>, 5:00pm until sunset and wrap-up at 7:15pm
- T** trivia with Mr. Camp
- I** inflatables for the kids to play on
- V** volunteer for 1/2 hour so everyone can enjoy
- A** all funds go towards enrichment programs at Werner
- L** look for more information in the folders!!



## Have questions?

Your PTA is here to help. Let PTA members answer any of your questions. Email to [j.grillo@yahoo.com](mailto:j.grillo@yahoo.com) or call 282-0550.

## It's a note from the Principal...

Dear Werner Community,

The school year is off to a great start! As we get into the start of another school year, I want you to consider the importance of investing in your child's future. In Poudre School District, we are so fortunate to have resources to help our teachers and students.

When compared to some areas, we may have little to complain about. And, we know that the demands of preparing our children for the 21<sup>st</sup> century workforce require much. That being said, please consider the impact you can make on a child by committing to invest in their future. Whether that is through time, talents, or financial support, your investment will go a long way. Please take advantage of the opportunities to do that through attending Orientation Night, Parent/Teacher conferences, PTA meetings and community events, volunteer opportunities, arts programs, classroom events, and more. And remember, the most important thing you can and should do is invest in the time you have with your child. Take time to sit down and listen to them read, ask questions about their day, help them with their homework, and have dinner as a family. All of these actions will pay huge dividends in the classroom, but more importantly in life.

Sincerely,  
Hayden  
hcamp@psdschools.org

## The Mission of PTA

**To support** and speak on behalf of children and youth in the schools, in the community, and before governmental bodies and other organizations that make decisions affecting children;

**To assist** parents and teachers in developing the skills they need to help all children be successful;

**To encourage** parent and public involvement in the public schools of this nation.

### PTA Meetings

Second Thursday of each month at 6:30 pm  
in the Media Center (unless posted otherwise)

Please join us! These meetings are the forum for parents and staff to bring input and questions for the PTA and Mr. Camp. All Werner parents are invited.

Our next meeting is  
**September 10th, 6:30pm**  
in the Media Center

### Agenda Items

- Welcome to new PTA members
- Finalize Fall Fun Festival details - Event date: Friday, September 11
- Speaker Series: My Kids are Laughing at Me ...And I Love It! (Positive Parenting for Parents)

### Treasurer's Report

The PTA's starting balance for the 2009-2010 school year is:

**\$15,909.94**



### PTA Officer Contact Information

**President:** Julie Grillo, 282-0550  
J.Grillo@yahoo.com

**Vice President:** Tiffany Haag, 207-1372  
TBHaag@comcast.net

**Secretary:** Wanda Molinary-Knipp, 266-1159  
WandaMolinary@gmail.com

**Treasurer:** Kathi Meersman, 672-4753  
Meerzx5uk@yahoo.com

### Newsletter Deadline



Is there something you'd like to submit for the **October newsletter**? We can't always include everything, but we try. Send your article (and photo if you have it!) to [kathy.m.mason@gmail.com](mailto:kathy.m.mason@gmail.com) by:

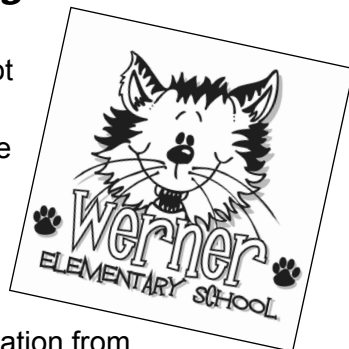
**Friday, September 18th**

## Did you know...

- Kindergarten students and parents came out in droves for the Kindergarten Tea on August 6th to meet their new teachers, Principal Camp, PTA members, and play on the Wildcat playground with their new classmates. What a great celebration to kick off the new school year!
- Mrs. Siemers and family welcomed Jack Lloyd Siemers to their family on May 11<sup>th</sup> at 1:04pm. At birth he weighed 8 pounds, 11 ounces and was 20 1/2 inches in length. His eyes are bright blue. He has lots of wild auburn-colored hair that grows straight up out of the top of his head! Mrs. Siemers says that he's a super-sweet, easy, smiley, wonderful baby!--A keeper for sure!
- "Volunteering isn't just a pleasantry. It's one way you learn about other families, meet your child's friends, and see how s/he behaves at school," says Rebecca Weingarten, parenting and education coach.
- We welcome a new music teacher this year, Julie Swanty, but she did her student teaching at Werner under our previous music teacher, Kat Wagner.
- Our previous Werner B.A.S.E. Camp Director Laura Daire received a promotion from B.A.S.E. and will be working at the main office. She will continue to oversee Werner Elementary; however, she is passing the torch to our new director, Cassandra Moore. Welcome to Werner Cassandra!
- We registered 56 new students in grades 1-5 that were not here at Werner last year. And we have 75 new kindergarten students. Welcome new families!

## New Logo

We have a new logo and mascot design at Werner this year. You will notice the new Wildcat at the top of our newsletter, as well as other publications and other communication tools. This new mascot was designed by Mr. Rick Takahashi with consultation from our own Mrs. Siemers and the PBS committee. This new wildcat and logo will slowly be replacing our former mascot and logos. Look for this new design on spirit wear in the future.



## PTA Committee Chairs '09/'10

<b>Birthday Books</b>	OPEN
<b>Book Fair</b>	Susie Baer, 225-0450 susieb@frie.com Elise Branson, 282-8102 de.branson@comcast.net
<b>Bulletin Boards</b>	OPEN
<b>Business Fundraisers</b>	Jenny Whetsell, 797-2581 jennywhetsell@comcast.net
<b>Clerical</b>	Bridget Froelich, 377-0795 kfroelich1@comcast.net
<b>Chess Club</b>	Lori Adair, 797-2015 dougandlori2000@comcast.net
<b>Computer Geeks</b>	OPEN
<b>Coupon Books</b>	Lori Everhart, 206-0981 everhartlori@gmail.com
<b>Directory</b>	Katy Tychsen, 266-0238 thetychsens@msn.com
<b>Earth Day</b>	OPEN
<b>Fall Festival</b>	Kyra Geraghty, 377-0531 kyraandmike@aol.com Cathy Lee, 223-0062 cathyglee@comcast.net
<b>Family Activity Night</b>	OPEN
<b>Financial Wizards</b>	OPEN
<b>Great Books</b>	OPEN
<b>Homecoming Float</b>	Melissa Bates, 226-1594 batesinco@hotmail.com Kathy Chacho, 377-1373 kchacho@aol.com
<b>Hospitality</b>	Lori Loeb, 377-0734 loriloeb29@yahoo.com Melissa Robinson, 618-553-6326 girlsmummy@aol.com
<b>Lego Robotics</b>	Julie Whitney, 207-9353
<b>Literacy (guided reading)</b>	OPEN
<b>Membership</b>	Melissa Robinson, 631-553-6326 girlsmummy@aol.com
<b>Newsletter Editor</b>	Kristen Shannon, 908-387-0277
<b>Newsletter Layout</b>	Kathy Mason, 267-3439 kathy.m.mason@gmail.com
<b>Odyssey of the Mind</b>	Carol Wilusz, 377-0709 cjwilusz@comcast.net
<b>Outreach</b>	Renee Cohn Jones, 282-7788 drjalapena@aol.com
<b>Read-A-Thon</b>	OPEN
<b>Safe Routes to School</b>	OPEN
<b>Science Fair</b>	OPEN
<b>Speaker Series</b>	Kathy Bergo, 206-0392 klbergo@comcast.net
<b>Spirit Sales Fundraisers</b>	OPEN
<b>Class Baskets</b>	OPEN
<b>Teacher Apprec Lunch</b>	Melissa Bates, 226-1594 batesinco@hotmail.com
<b>Teacher Apprec Week</b>	OPEN
<b>Volunteer Program</b>	Elise Branson, 282-8102 de.branson@comcast.net
<b>Wellness</b>	Cathy Lee, 223-0062 cathyglee@comcast.net
<b>Website</b>	Wanda Molinary-Knipp wandamolinary@gmail.com
<b>Werner Bingo Nights</b>	OPEN
<b>Yearbook</b>	OPEN

## Wellness at Werner

Did you know that there is a Wellness Team at Werner? This team is comprised of Principal Camp, Coach J., staff members and parents. The goal of the team is to design and implement a wellness plan, with a primary focus on nutrition and exercise.

We'll share more about Wellness at Werner in the future, but in the meantime, find little wellness tips throughout the newsletters. Look for the little smiley faces for practical ways to encourage healthy lifestyles.



### First Werner Family Night Out



Our first Werner Family Night Out is scheduled for Thursday, September 24th from 5 to 9pm. Werner families and friends

are encouraged to support a local restaurant once a month, as they support us, by sharing and donating 10% of your check. First up...Jackson's All-American Sports Grill!!

Visit their website, check out the menu and plan for a delicious way to help our PTA raise some funds!  
[www.jacksonsallamerican.com](http://www.jacksonsallamerican.com)

### Try a New Recipe Rainbow Rice



Use whatever vegetables you have in the house and your leftover rice. When choosing vegetables, think of a rainbow of colors. Cabbage, onions, bell peppers, zucchini, broccoli, spinach, carrots and celery work well.

- 5 cups diced vegetables
- 2 cups rice
- 1 egg

Add a small amount of olive oil to a large pan or wok. Scramble the egg then add the vegetables and sauté until tender but not limp. Add the rice and mix thoroughly. Season with one of the following:

- soy sauce, pepper and sesame oil
- 2 TBSP lemon juice, 2 teaspoons cumin and 1/3 C parsley
- 1/2 C cilantro and 1/2 C salsa
- your favorite marinade

## Walking and Bicycling are Going Back to School!



As autumn approaches, the Safe Routes to School program is gearing up for exciting activities. The first annual Autumn Bike to School Day will be held on Sep. 2nd. Each following week, SRTS hosts "Walking and Wheeling Wednesday" (September 9, 16, 23, 30, and October 14, 21, 28). These weekly walking and bicycling events are a great chance for children and parents to meet friends and neighbors and have a great time getting to and from school. Prizes and other goodies will be available to encourage safe walking and bicycling. International Bike to School will be held on October 7, 2009 in over 42 countries worldwide.

Interested in volunteering with Safe Routes to School at your school? Contact Matt Wempe, the Fort Collins Safe Routes to School coordinator at 970.416.2040 or email [mwempe@fcgov.com](mailto:mwempe@fcgov.com). Additional information, safety tips, and upcoming events can be found at [fcgov.com/saferoutes](http://fcgov.com/saferoutes).

### Werner Community Service/Outreach

My name is Renee Cohn Jones and I decided to chair a PTA committee this year that is dear to my heart. My husband and I have been involved in community service activities most of our lives and have tried hard to include our daughters in volunteer and community service events as often as possible. I've met many people who want to 'do something' or 'help out' but aren't sure where to begin. I've also met just as many others who are currently active in organizations that don't have opportunities for young children, so they are searching for ways to volunteer as a family.

My vision is to focus on a different community service/outreach activity each month while our children are in school. I hope to highlight and let you know about some of the activities that have happened at Werner in the past, and to also introduce new ideas for us to 'try out' to see if they are a good match. None of these activities are mandatory, just ideas that I will offer to encourage participation as you deem fit.

Over the course of the year, I'll provide ideas, tips and how to get involved in community service activities.

I would love to hear about your family community service activities and ideas, or even better, to have you join my committee! Please call me at 282-7788 or contact me via email: [DrJalapena@aol.com](mailto:DrJalapena@aol.com).

## From Poudre School District — News Briefs

### Lunch program available to qualifying families

Applications for the federal free and reduced-price school lunch program were mailed home to all heads of households in late July/early August. Students participating in the program during the previous school year may be automatically enrolled in the program for the first 30 days of school. Parents must submit a new family application each school year and are required to complete only one application per household. The application may be returned to a school or to the Food Service Office. Identity of students participating is kept strictly confidential.

Eligible families should complete and return the form even if they do not plan to participate in the lunch program. Students who qualify for the federal free and reduced-price school lunch program are also exempt from other fees and charges. A letter of eligibility for free and reduced-price meals will be sent to the parents/guardians of qualifying students. An information release form will be included with the eligibility letter. Complete the information release form and return it to your school office. Information: (970) 490-3557

### Update schools with student health information

If your child has special health concerns, diagnoses, medications, or dietary or toileting needs, please keep school health care staff informed so they can develop a school health care plan for your child. Complete physical exams by a family physician are recommended for students entering kindergarten and 4<sup>th</sup> grade.

### Update parent contact information

Parents are encouraged to keep phone numbers, addresses, and emergency contact information updated. Watch for a student information form being sent home with your child the second week of school. Provide your email for emergency notifications and communication, sign up at [www.psdschools.org](http://www.psdschools.org).

### New Parent Portal on PSD Web site

PSD is excited to launch a new interactive "Parent Portal" on the PSD Web site at the beginning of the 2009-10 school year. The Parent Portal will allow parents and guardians to view a quick and highly individualized snapshot of their student's specific information, including: schedule, grades, upcoming assignments, account balances and school information.

The Parent Portal's new interactive features are part of PSD's continuing work to improve communications with parents and guardians. Parents and guardians should watch for a letter for each PSD enrolled student soon after school starts. The letter will contain a unique activation code for their student and detailed instructions for accessing the Parent Portal.

### PSD parent notification procedures

The PSD communications office coordinates several efforts to notify parents and staff when **ALL** schools are closed for conditions such as bad weather or for emergency situations.

PSD will communicate information and instructions directly to parents and staff through the following:

- E-mails to parents who have signed up for PSD email alerts (sign up at [www.psdschools.org](http://www.psdschools.org) – "Email Alert Sign-Up") or provided their email on the student information form parents receive the first week of school.
- Text messages to parents and staff who have that capability on their phone.
- Phone messages through the School Messenger automated phone notification system.
- PSD website ([psdschools.org](http://psdschools.org)) information postings
- PSD Channel 10 (Comcast and US Cable)
- Local and Denver media including newspapers, radio and television stations

### Tuition-based preschool program accepting registrations

Registrations are now being accepted for the Poudre School District tuition-based preschool program, which will pilot at four locations for the 2009-2010 school year. The preschool program will pilot at Cache La Poudre Elementary, Rice Elementary, and Moore Elementary, and the Fullana Learning Center. Half day sessions will be available in the morning and afternoon at participating schools.

The new preschool program will have:

- Teachers licensed by Colorado Dept. of Education.
- High quality, standards-based preschool environment.
- 16 students per session. Adult to child ratio 1-8.
- Tuition cost \$3150/year or \$315 for 10 months.

To apply go to [www.psdschools.org](http://www.psdschools.org).; click on "School Registration;" then click on the upper left-hand link, "Preschool Registration."

Call Early Childhood Education at 490-3204.

### Register online to volunteer

PSD's online volunteer registration is available on the PSD website at [www.psdschools.org](http://www.psdschools.org). The system is easy to use for parents who want to volunteer at their child's school and for community members who want to be involved in education. Help shape the future – volunteer! Information: (970) 490-3208

## From Poudre School District — News Briefs, continued

### Nominate your *Coach of Character* today

Applications are now being accepted for the 2010 Sonny Lubick Coach of Character Award. This award is presented annually to one outstanding coach in the Fort Collins community who focuses on character development while teaching life lessons through sports. This coach has rejected the “win-at-all-cost” model and is centered on helping players develop positive character traits that will enable them to be successful in life. Furthermore, this coach has helped to build a legacy of sportsmanship and character in athletics in the Ft. Collins community. In order for an individual to be eligible for this award, they must have coached school, club or recreational sports for athletes 18 & under for a minimum of 10 years in Northern Colorado.

The Sonny Lubick Coach of Character Award is presented by Character in Athletics – Make it a Priority at the annual CHAMP Celebration Breakfast in early 2010. Nominations must be received no later than September 30<sup>th</sup>, 2009 to be considered for the 2010 Sonny Lubick Coach of Character Award. Please visit [www.champfc.com](http://www.champfc.com) to download the nomination form and for more details on the award or call 970-266-2671.

### We Need Your Help to Control the Spread of H1N1 (Swine) Flu

Because flu can be easily spread from person to person, Poudre School District is taking steps to reduce the spread of flu in schools. We want to keep schools open and functioning in a normal manner during flu season. We need your help to do this. Prevention is the best strategy, and here's how you can help:

- Teach children to wash their hands often with soap and water or an alcohol-based hand rub. You can set a good example by doing this yourself.
- Teach children to cover coughs/sneezes and not share personal items like drinks, food or unwashed utensils, and to cover their coughs and sneezes with tissues. Students should cover their coughs or sneezes using the elbow, arm or sleeve instead of the hand when a tissue is unavailable
- Clean surfaces and objects that your child touches frequently with appropriate cleaning agents.

- Know the signs and symptoms of the flu. Symptoms of the flu include fever (100 degrees Fahrenheit, 37.8 degrees Celsius or greater), cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired. Some people may also vomit or have diarrhea.
- Do not send children to school if they are sick. Children who are sick while at school *will be sent home.*
- Keep sick children at home for at least 24 hours *after* they no longer have fever or do not have signs of fever, without using fever-reducing drugs. Keeping children with a fever at home will reduce the number of people infected.
- Get your family vaccinated for seasonal flu and H1N1 flu when vaccines are available. According to the Center for Disease Control (CDC), a vaccine specific to H1N1 may not be available until mid-October. They are recommending the vaccine be made available to individuals in priority groups, including school-aged children.

We are working closely with the Larimer County Department of Health and Environment and other city, county and state agencies to monitor flu conditions and make decisions about the best steps to take concerning schools. Please make sure you are on the PSD Parent E-mail Alert list, so we can provide you with new information as it becomes available (sign up at: [www.psdschools.org](http://www.psdschools.org) by clicking on the *E-Mail Alert Sign Up* star). This also assures you receive email updates from your child's school.

### Helpful websites and phone numbers:

- H1N1 Flu Information and Resources: [www.flu.gov](http://www.flu.gov), or call 1-800-CDC-INFO (232-4636)
- Steps if Children are Sick or School is Dismissed: [www.flu.gov/plan/school/parentfactsheet.html](http://www.flu.gov/plan/school/parentfactsheet.html)
- Steps to Protect Your Family from Flu: [www.flu.gov/plan/school/parentfactsheet2.html](http://www.flu.gov/plan/school/parentfactsheet2.html)
- Steps for Children at High Risk for Flu Complications: [www.flu.gov/plan/school/parentfactsheet3.html](http://www.flu.gov/plan/school/parentfactsheet3.html)
- Q&A from the Center for Disease Control (CDC): [www.flu.gov/plan/school/questions.html](http://www.flu.gov/plan/school/questions.html)

### Familiar with Quicken 2007?



Our PTA Treasurer could use your consultation!

Please contact Kathi Meersman at 672-4753 or [Meerzx5uk@yahoo.com](mailto:Meerzx5uk@yahoo.com)

Thank you!!!

### Cell Phone Policy

Cell phones are not allowed at school. If a student must have a cell phone before or after school, it must be turned off and stored during the day. Teachers can keep the phone if security is an issue. If a student is caught using a cell phone during the day, the cell phone will be held in the office until the end of the day and a parent will be notified to pick it up. The school will not accept responsibility for the loss or damage of cell phones.

## From PSD — News Briefs, continued

### Health department offers immunization clinics

The health department's three immunization clinics are ready to provide required immunizations for children. Larimer County Health Department's immunization clinics offer low-cost immunizations under the Federal Vaccines for Children (VFC) Program. Through the program, families without health insurance, who are low-income or otherwise can't afford full-priced immunizations can have their children under 19 years old vaccinated for \$14.50 per shot. However, no one will be turned away for inability to pay.

Larimer County offers child, adult and travel immunizations at its three locations: Fort Collins, Loveland and Estes Park. Walk-in hours for Fort Collins and Loveland are listed below. No appointments are necessary, except for travel immunizations.

- Loveland Clinic, 205 E 6<sup>th</sup> Street, 679-4580  
Mondays 12:30 - 3:30 pm; Fridays 9 am - 12 noon; and 2<sup>nd</sup> Wednesday of each month 3-6 pm. Travel immunizations: Mondays only, call for appointment.
- Ft. Collins Clinic, 1525 Blue Spruce Dr., 498-6700  
Third Saturday of August, September, October and November, 9 am -12 noon; Mondays 9 am -12 noon and 1 - 3:30 pm; Tuesdays 3 – 6pm; and Fridays 9 am - 12 noon. Travel immunizations: Monday mornings and Friday afternoons: call for appointment.

For more information on childhood immunizations, adult immunizations, travel immunizations or Larimer County Health Department clinic hours, call 498-6700 or visit <http://www.larimer.org/health/chs/immunizations.asp>

## Pick-up/Drop-Off

Students should not be dropped off before 8:45 a.m. because there will not be any supervision. A Student "Drop-off Lane" is available in the south parking lot. Please drop off your child in the lane closest to the sidewalk. The inside lane is designed to be a "Thru Lane" for cars to drive through after dropping off or picking up students. Students should not be dropped off or picked up on the inside lane since this is a safety issue with students crossing traffic without help. When waiting in line in the "Drop-Off Lane", please stay in your car and keep moving forward as you wait for your child. We appreciate your patience and cooperation as we strive to provide a safe and efficient arrival and dismissal time for your children.

## Yearbook Staff



Photographers, designers, writers, sales folks, and organizers:

Help capture the joys and events of Werner Elementary school.

For more information, contact Julie Grillo, 282-0550

## Get Active



In the remaining hot days, try a game of family water tag. Give your kids squirt guns and tell them that you are the target!

This game is more fun in an open space, such as a park. I recommend you establish a time-out zone to catch your breath! Have fun!!

## Werner Parade Float

Interested in helping with the Werner Float for the CSU Homecoming Parade? Contact Melissa Bates at [Batesinco@hotmail.com](mailto:Batesinco@hotmail.com) as soon as possible. We're putting our committee together!

## Key Classroom Volunteers

### Room Coordinators

Each classroom has a Room Coordinator that is responsible for taking the volunteer information collected during Volunteer Sign Up days and creating the monthly volunteer schedule for each classroom. They also maintain the master volunteer list for each class and pass that information on to Committee Chairs, Room Parents or anyone else who needs to know it. Training for Room Coordinators will be 9/3/09 at 9:00 am in the Teacher's Lounge.

### Room Parents

These volunteers work with the teacher and parents who have signed up to help with each class party and plan activities and snacks, get supplies and run the parties. They also coordinate the classroom teacher appreciation activities during Teacher Appreciation Week. The standard parties are: Halloween, Winter Break and Valentine's Day. Look to fill these positions on your Classroom Signup sheet during Volunteer Signup Days. Training for Room Parents will be scheduled for late September.



## New Werner PTA Website



Werner's PTA has a new website! Visit us to see what the PTA is doing to support our children.

We have links to:

- Highlights from last year
- Enrichment activities, events and committees
- Meeting agendas and minutes
- Newsletters
- Calendar
- Downloadable forms and ways to help the PTA
- School Spirit merchandise
- Events and meetings online RSVP system
- Board/committee members contact information

We have a special section on food allergies to help students and parents learn more about allergies, understand how sensitive these children are to some types of food, and how we can all create a safer environment for them at school.

Also, we are launching "Virtual Backpack" where flyers that came home in your child's backpack will be posted online. Flyers will include school, community, and district information. We will provide a list of documents available for download as they become available. Remember, you still need to check your child's backpack to get your child's classroom/teacher information.

Visit us at <http://www.psdschools.org/schools/werner/PTA/ptahomepage.aspx>.

If you have a question, concern, suggestion, etc., about the school, classes, classrooms, teachers or staff -- contact us. The PTA is here to help the parents, teachers and staff come together; let us know how we can make your school year great!

## New Lunch Room Schedule

Classes	K & 1 <sup>st</sup>	2 <sup>nd</sup> & 3 <sup>rd</sup>	4 <sup>th</sup> & 5 <sup>th</sup>
Enter Lunchroom	11:35	12:10	12:40
Out to Recess	11:55	12:30	1:05
Return to Classroom	12:20	12:55	1:30

If parents or siblings wish to join their Werner student for lunch, please call the office before 9:30 am the day they are eating. Meal Prices: Adult \$3.00; Milk \$0.45; Elementary \$2.00; Reduced \$0.40. Outside food can be brought into the cafeteria as well (the office does not need to be notified beforehand).



## Kick-Off Werner PTA Reception

We would like to invite you to our Werner Speaker Series by PTA! Come to the PTA meeting and find out what PTA is all about and afterwards we will have a fun and inspiring speaker.

Renee Cohn Jones will cover the topic:

### "My Kids are Laughing at Me ... And I Love It!" (((Positive Parenting for Parents)))

Parents will learn how to live 'happily ever laughter' by learning to plan ahead to prevent potential problems, to define rules and to encourage desirable behavior. Parents will also learn how to help their child express his or her emotions in constructive ways. Parents will leave this workshop better prepared to positively influence the behaviors of their children.

Renée Cohn Jones received her doctorate in Clinical Psychology (PsyD), and a Certified Laughter Leader (CLL) is a seasoned entertainer who has clowned as Jalapeña for thousands of children and adults. Shortly after 9/11/01, Renée traveled with Patch Adams, MD to Russia, clowning in orphanages, hospitals and nursing homes. She presents on a wide range of topics and considers humor her most powerful communication tool. Drawing on her experiences as a psychologist, educator, daughter, mother, professional clown and a Werner parent, Renee goes that extra 'smile' in creating family environments that are filled with fun.

**When:** Thursday, September 10<sup>th</sup> · 6:30pm – 8pm

**Where:** Werner Elementary in the Media Room

If you have any questions please call Kathy Bergo at 206-0392 or e-mail at [klbergo@comcast.net](mailto:klbergo@comcast.net).

## Pack a Great Snack



While taking a break during family tag at the park try these great snack ideas...  
Hummus dip with pita chips and veggies (carrots, celery, cucumber, broccoli).  
Skewers of fruit (grapes, melon, apples, strawberries).  
And plenty of water to drink!

## Learn Something New



Did you know there are 17 teaspoons of sugar in a 20 ounce soda? That's over 1/3 cup of sugar! Serve milk or water with meals and limit sodas and other sugary beverages to rare occasions.

## New Staff to Werner



**Sarah Arndt** will be teaching 1<sup>st</sup> grade this year. Mrs. Arndt has taught 3<sup>rd</sup> grade in Weld School District before and was a member of our literacy team at Werner last year.

**Julie Swanty** will be joining our staff as our new music teacher. Mrs. Swanty taught music in Lewis Palmer School District and completed her student teaching at Werner before that.



**Darlene Smith** will be joining our staff as one of our full-day kindergarten paraprofessionals. She has worked most recently at Beattie and Odea as an instructional paraprofessional.



**Linda Ortiz** will be our new Gifted/Talented teacher, replacing Kelly Parks who accepted a position in Thornton. Mrs. Ortiz has over 27 years teaching experience, with 3 as GT teacher in Arizona.



**Jinnie Laturnus** will be joining our Language Workshop staff two days a week this year to help provide additional support for our students. She is also the PE teacher at CLPE during the rest of the week.

### Design

business cards  
brochures  
flyers  
posters  
forms  
resumes

### Copy/Print

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posters  
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## Dress Code Policy

While student dress is primarily a matter of choice for the student and his or her parents, it is important that a student's clothing not offend others or disrupt the educational processes of the classroom and school. These guidelines are intended to maintain an appropriate academic atmosphere and climate for all students. If a student is in violation of the dress code, he or she will be required to change clothing. If the student does not have appropriate clothes available at school, he or she will need to call home to obtain appropriate clothing. Disciplinary action for violation of any standard will include notification of the violation, the requirement that the clothing be changed before re-entering class, and, at the discretion of the building level administrator, a parental conference. More severe disciplinary consequences, including suspension or expulsion, may result from repeated or serious violations. The principal and his/her designee are the final onsite authorities as to whether or not clothing is appropriate.

District approved guidelines at Werner for student attire is as follows:

- Clothing must be worn so it covers underwear, as well as the back, midriff, chest and buttocks. Beach and swimwear are inappropriate for school, as are halter tops and other revealing tops that do not cover the back or chest.
- Clothing that promotes alcohol, drugs, tobacco, gang affiliation, sexuality or profanity is prohibited.
- Any jewelry or accessories that are unsafe to self or others will not be allowed.
- Skirts and shorts must be of appropriate length. Appropriate length is defined no shorter than mid-thigh.
- Half shirts, undershirts, see through or mesh shirts, tube tops or any tops without a back will not be allowed.
- Flip flops are not allowed. Sturdy sandals or Crocs are appropriate to wear on days when the weather is warmer. Students should wear tennis shoes for P.E. (Physical Education).

## Here's a Great Tip!

If your kids say they are hungry while you are fixing dinner, put out some fruit and vegetable sticks and have a chat with them about their day while you finish cooking.



## Be a PAL Program

Be a PAL: **Protect A Life™** From Food Allergies is an educational awareness program designed to help parents and educators teach students what food allergies are and how to help their friends who have food allergies.

The PAL program teaches five simple steps kids can take to keep their classmates safe:

1. Food allergies are serious. Don't make jokes about them.
2. Don't share food with friends who have food allergies.
3. Wash your hands after eating.
4. Ask what your friends are allergic to, and help them avoid it.
5. If a friend who has food allergies becomes ill, get help immediately!



A PAL Hero is someone whose actions help prevent a serious allergic reaction, or even save a life. Just looking out for our friends who have food allergies makes us all heroes. Be A PAL Hero!

## Cub Scout Information

Mark your calendars and get ready to start the adventures of cub scouting. Boys from 1<sup>st</sup> to 5<sup>th</sup> grade, and their families are invited to join the cub scouts of Pack 191 at our open house informational pack meeting.



When: Thursday September 17<sup>th</sup>, 7:00 pm  
Where: Werner Elementary Flex Room

For more information contact Cathy Galusha at 266-8181 or email at [BCGalusha@gmail.com](mailto:BCGalusha@gmail.com).

Parents: BSA registration for interested boys will occur during the event. Your son can join the fun of PACK 191 that night. Just remember your checkbook!

# WERNER EVENTS

September 2009

Mon	Tue	Wed	Thu	Fri
	1 6:00pm Kindergarten Parent Orientation*	2	3 9:00am Room Coordinator Training	4
5:30pm 2nd Grade Parent Orientation* 6:00pm 4th Grade Parent Orientation*				
7 NO SCHOOL Labor Day	8 6:00pm 1st Grade Parent Orientation* 6:30pm 5th Grade Parent Orientation*	9 6:00pm 3rd Grade Parent Orientation*	10 6:30pm PTA Meeting and Speaker Series	11 Fall Festival and Walk*
14	15	16 School Picture Day*	17 7:30am Council, Media Ctr	18
21 NO SCHOOL Collaboration Day	22 9:00am PTA Committee Chair Orientation	23	24 7:30am Council, Media Ctr	25
28	29	30		

▪ *Indicates additional information below  
This calendar printed 8/20/09*

## September

Early **Parent Orientations.** Please watch for more information sent home by your child's teacher. They are for parents only, no child care will be provided.

- 11 **Fall Festival and Walk.** A fun walk/run will kick off the festival. The festival has a slightly different format this year. Watch for more information coming home soon.
- 16 **Picture Day.** Traditional school pictures taken at school. Preschool-age siblings can also have their picture taken in the Media Center before school begins.
- 17 **Site Council.** Agenda items: School improvement plan, discipline policy, 7:30am
- 24 **Site Council.** Agenda items: School improvement plan, discipline policy, 7:30am